

AA6. Keeping Our Minds from Causing Our Bodies to Sin.

We are to keep our minds from causing our bodies to sin.

This precept is derived from His Word (blessed is He):

Key New Testament Scriptures

Matthew 18:8-9

So if your hand or foot becomes a snare for you, cut it off and throw it away! Better that you should be maimed or crippled and obtain eternal life than keep both hands or both feet and be thrown into everlasting fire! And if your eye is a snare for you, gouge it out and fling it away! Better that you should be one-eyed and obtain eternal life than keep both eyes and be thrown into the fire of Gei-Hinnom.

Romans 6:12-13

Therefore, do not let sin rule in your mortal bodies, so that it makes you obey its desires; and do not offer any part of yourselves to sin as an instrument for wickedness. On the contrary, offer yourselves to God as people alive from the dead, and your various parts to God as instruments for righteousness.)

Romans 8:12-13

So then, brothers, we don't owe a thing to our old nature that would require us to live according to our old nature. For if you live according to your old nature, you will certainly die; but if, by the Spirit, you keep putting to death the practices of the body, you will live.

1 Corinthians 2:16

For who has known the mind of ADONAI? Who will counsel him? But we have the mind of the Messiah!

1 Peter 1:13

Therefore, get your minds ready for work, keep yourselves under control, and fix your hopes fully on the gift you will receive when Yeshua the Messiah is revealed.

Additional New Testament Scriptures

Matthew 5:28-30

Mark 9:43-47

Romans 12:2

1 Corinthians 6:15

Philippians 4:8

Colossians 3:2-3

1 Thessalonians 4:3-5

2 Timothy 1:7 (NKJ)

Related New Testament Mitzvot

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AA39 Fleeing Lustful Passions
GB05 Living in a Godly Manner and Not as Do the Pagans
GB22 Living According to God's Word and Spirit
GB50 Focusing Our Mind on the Things of God
GB60 Not Allowing Passions and Emotions to Lead Us Astray
GB75 Not Defiling Our Bodies

Supportive Tanakh Scriptures

Isaiah 55:7-8

Let the wicked person abandon his way and the evil person his thoughts; let him return to ADONAI, and he will have mercy on him; let him return to our God, for he will freely forgive. "For my thoughts are not your thoughts, and your ways are not my ways," says ADONAI.

Comment

God gave us our minds, bodies, and emotions, and they can cause us to sin if we allow them. On the other hand, Scripture tells us that we who are born again have the mind of Messiah and can therefore bring our minds under control to not only keep our thoughts pure, but also to keep our bodies from sinning in response to our emotions. We cannot control our feelings and emotions directly, but emotions unaccompanied by sinful actions are not themselves sins. If we exercise control of our minds to control our bodies' responses and actions, our feelings and emotions will follow suit and be brought under control as well. It is a protective mechanism given us by God, but it requires that we engage our will to not sin.

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