

AA22. Speaking Only That Which is Holy and Beneficial.

We are to speak only that which is holy and beneficial.

AA22a: We are to speak only that which is holy.

AA22b. We are to speak only that which is beneficial.

This precept is derived from His Word (blessed is He):

Key New Testament Scriptures

Matthew 12:36-37

Moreover, I tell you this: on the Day of Judgment people will have to give account for every careless word they have spoken; for by your own words you will be acquitted, and by your own words you will be condemned.

Ephesians 4:29

Let no harmful language come from your mouth, only good words that are helpful in meeting the need, words that will benefit those who hear them.

Ephesians 5:4

Also out of place are obscenity and stupid talk or coarse language; instead, you should be giving thanks.

2 Timothy 2:16

But keep away from godless babbling, for those who engage in it will only become more ungodly,

Titus 2:8

.. let everything you say be so wholesome that an opponent will be put to shame because he will have nothing bad to say about us.

1 Peter

For whoever wants to love life and see good days must keep his tongue from evil and his lips from speaking deceit .

Additional New Testament Scriptures

Romans 3:13-14

1 Corinthians 5:9-11, 6:9-11

Ephesians 4:31

Colossians 3:8

1 Timothy 5:13

James 1:21, 3:2

1 Peter 4:11

2 Peter 2:18

Related New Testament Mitzvot

DA23 Not Slandering or Giving False Testimony Against Our Neighbor
DA28 Not Being a Gossip or Talebearer
DA42 Not Engaging in Contentious, Fruitless, or Stupid Arguments or Discussions
DA43 Not Calling Any Person Common or Unclean
DA64 Not Speaking Badly or Critically of Our Brother or Neighbor
DA65 Not Insulting Our Neighbor
DA75 Not Provoking Our Neighbor
FA14 Not Becoming Angry or Arguing While in Prayer
RA04 Correcting One Another with Humility and Gentleness
RA17 Not Committing Perjury
XA01 Gentiles Not Boasting or Speaking Against Jews
AB12 Not Blaspheming Against the Holy Spirit
EB03 Exercising Control When Prophecying
EB06 Prophecying in an Orderly Manner
GB32 Not Being Divisive & Guarding Against Those Who Are
GB44 Exercising Self Control (Discipline)
GB56 Turning Away from Ungodly Speech
GB76 Not Insulting or Defaming Angelic Beings

Supportive Tanakh Scriptures

Psalms 19:15(14)

May the words of my mouth and the thoughts of my heart be acceptable in your presence, ADONAI, my Rock

Psalms 37:30

The mouth of the righteous articulates wisdom, his tongue speaks justice.

Psalms 49:3

My mouth is about to speak wisdom; my heart's deepest thoughts will give understanding.

Psalms 141:3

Set a guard, ADONAI, over my mouth; keep watch at the door of my lips.

Proverbs 11:9

With his mouth the hypocrite can ruin his neighbor, but by knowledge the righteous are delivered.

Proverbs 13:3

He who guards his mouth preserves his life, but one who talks too much comes to ruin.

Proverbs 15:4

A soothing tongue is a tree of life, but when it twists things, it breaks the spirit.

Proverbs 21:23

Whoever guards his mouth and tongue keeps himself out of trouble.)

Comment

This *Mitzvah* does not ascribe holiness of speech to just those verbal and written communications having explicit biblical content. There are several hundred thousand words in the English dictionary that, when linked as sentences, are easily in the millions if not billions. The easiest and best way therefore to determine if words spoken are holy and beneficial, is to determine whether they are the opposite – unholy and unbeneficial. Do they promote godly values or are they unbiblical and harmful?

Related Mitzvot in Volumes 1 & 2

G15 Blaspheming God vs. Receiving Messiah & the Holy Spirit

H04 Using Our Speech, Thoughts, Hearts and Actions for that which Is Good and Holy

M03 Telling the Truth

N02 Wronging One Another through Our Speech