

BA57. Coming to Yeshua for Spiritual Rest.

We are to come to Yeshua for spiritual rest.

This precept is derived from His Word (blessed is He):

Key New Testament Scriptures

Matthew 11:28-30

Come to me, all of you who are struggling and burdened, and I will give you rest. Take my yoke upon you and learn from me, because I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

John 6:37

Everyone the Father gives me will come to me, and whoever comes to me I will certainly not turn away.

John 10:9

I am the gate; if someone enters through me, he will be safe and will go in and out and find pasture.

Additional New Testament Scriptures

Matthew 4:19, 16:24

Mark 1:17, 8:34

Luke 9:23, 14:27

John 1:12, 6:65, 14:6

James 4:8

1 Peter 2:4

Related New Testament Mitzvot

TA01 Believing in (Trusting) Yeshua for Salvation

TA02 Being Born Again of the Spirit

TA03 Maintaining the Hope of Deliverance /Salvation

TA04 Entering the Kingdom of God Like Innocent Children

TA05 Embracing and Rejoicing in Our Salvation

TA 11 Believing that Yeshua Died for Our Sins

GB14 Patterning Our Life After the *Shlichim*, their Disciples, and Yeshua

Supportive Tanakh Scriptures

1 Chronicles 22:19

Now set your heart and being on seeking ADONAI your God. Get up, and build the sanctuary for ADONAI, God. Then you can bring the ark for the covenant of ADONAI and the holy articles of God into the house that will be built for the name of ADONAI.

Micah 4:1

But in the acharit-hayamim it will come about that the mountain of ADONAI's house will be established as the most important mountain. It will be regarded more highly than the other hills, and peoples will stream there.

Micah 6:6

With what can I come before ADONAI to bow down before God on high? Should I come before him with burnt offerings? with calves in their first year?

Jeremiah 2:31

You of this generation, look at the word of ADONAI: Have I been a desert to Isra'el? or a land of oppressive darkness? Why do my people say, 'We're free to roam, we will no longer come to you'?

Comment

There are several ways that Scripture speaks of coming to Yeshua. “Come to me,” in Matthew 11:28 is clear because it uses the word “come.” However, there are other ways that Scripture says it as well, e.g., believing in Yeshua, trusting in Yeshua, calling on Yeshua’s name, and others. There is a difference between believing in Yeshua and merely believing about him – that he is the Messiah. The important question about coming to Yeshua is: “Have we made him OUR Messiah?” To make him our Messiah, not only must we come to him; we must make him our Lord which means giving our lives over to him. Some rely on “what is known as the “Sinner’s Prayer” – a prayer that invites Yeshua into our hearts and asks him to save us. It works if we mean it and does not if we speak it legalistically as a mere formula of words.

Resting in Yeshua means putting our cares upon him.

There are two Christian poems and hymns that, in my opinion, capture the depth and emotion of coming to Yeshua and resting in him; the first is titled “Just as I Am;”¹ the first three stanzas are:

*Just as I am, without one plea
But that Thy blood was shed for me
And that Thou bid'st me come to thee
O Lamb of God, I come, I come*

¹ Words by Charlotte Elliott (1789-1871); original music composed by William B. Bradbury (1816-1868).

*Just as I am, and waiting not
To rid my soul of one dark blot,
To Thee whose blood can cleanse each spot,
O Lamb of God, I come, I come.*

*Just as I am, though tossed about
With many a conflict, many a doubt,
Fightings and fears within, without,
O Lamb of God, I come, I come.*

The second is titled “What a Friend We Have in Jesus;”² the first three stanzas are:

*What a Friend we have in Jesus, all our sins and griefs to bear!
What a privilege to carry everything to God in prayer!
O what peace we often forfeit, O what needless pain we bear,
All because we do not carry everything to God in prayer.*

*Have we trials and temptations? Is there trouble anywhere?
We should never be discouraged; take it to the Lord in prayer.
Can we find a friend so faithful who will all our sorrows share?
Jesus knows our every weakness; take it to the Lord in prayer.*

*Are we weak and heavy laden, cumbered with a load of care?
Precious Savior, still our refuge, take it to the Lord in prayer.
Do your friends despise, forsake you? Take it to the Lord in prayer!
In His arms He'll take and shield you; you will find a solace there.*

Related Mitzvot in Volumes 1 & 2

- Y03 Trusting in Yeshua & Believing that He is Our Messiah Sent by God
- Y06 Following Yeshua & Putting Him Before All Else
- Y08 Coming to Yeshua for Spiritual Rest
- Y09 Obeying the Commandments & Teachings of Yeshua

² Words by Joseph Medlicott Scriven (1855); original music composed by Charles C. Converse (1868).